The impact of the COVID-19 pandemic on Canadian families and children

We asked Canadians what it is like to be a parent during the COVID-19 pandemic. Here are some of the participants' responses:



Percentage of participants who said that their children engaged in selected activities at home

Parents' top concerns were children's opportunities to socialize with friends and balancing child care, schooling and work





Percentage of participants who were very or extremely concerned for their **families** in terms of...

Balancing child care, schooling and work	74%
Managing their child's or children's behaviours, stress levels, anxiety and emotions	61%
Having less patience, raising their voice, or scolding or yelling at their children	46%
Staying connected with family or friends	43%
Getting along and supporting each other	37%
Feeling lonely in their own home	30%

Parents of young school-aged children were the most likely to be very or extremely concerned about balancing child care, schooling and work



Preschool-aged children only ---- 70% School-aged children aged 4 to 11 ---- 80% School-aged children aged 12 to 14 ---- 55% Children of various ages ---- 76%

Source: Statistics Canada, Impacts of COVID-19 on Canadians: Parenting During the Pandemic, June 2020.

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For more information, please check out the Daily article.

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